

# LORIEN™ spa

## Wellness Breakouts

Enhance your Group Event with Wellness selections from The Lorien Spa. Our corporate spa packages are designed specifically for our group guests to provide meetings with purpose.

### Seated Massage

Our team of highly skilled massage therapists will work to release muscle tension with a curated massage in the back, neck and shoulders, OR in the arms and hands.

We recommend 5- or 8-minute sessions per guest.

*\$150 + 20% gratuity per technician per hour*

### Gua Sha Facial Massage

Gua Sha is a centuries-old facial massage practice; the technique promotes blood circulation, improves fine lines and wrinkles, promotes lymphatic drainage, and relieves tension from muscles. We recommend 5- or 8-minute sessions per guest.

*\$150 + 20% gratuity per technician per hour*

### Wellness Break

This 20-minute experience is a healthy alternative to the traditional “sugar and caffeine” break and is great for team building. Increase your team's focus, engagement and well-being with a soothing meditation and breathing exercise, uplifting aromatherapy, and an aroma mixology with their choice of massage cream or exfoliating scrub.

*\$200 + 20% gratuity*

### Welcome Gift

Specially selected gifts for your attendees & VIPs. We are happy to assist you in creating custom gifts that can be placed in each guest room as a welcome amenity.

### Custom Package

Please contact the spa directly to customize a spa package to provide your guests with the ultimate pampering spa & wellness experience.

